

Do you know?



ASTRONAUTS ATE FOOD GROWN IN SPACE FOR THE FIRST TIME IN 2015.

- NASA's Veggie Plant Growth System, an experimental plant growth chamber, was first deployed on the International Space Station (ISS) in May 2014.
- It aimed to investigate the feasibility of growing plants in microgravity and providing fresh food for astronauts during long-duration space missions.
- In August 2015, astronauts on the ISS ate red romaine lettuce that was grown entirely on board using the Veggie system.
- They consumed the lettuce after sanitizing it with citric acid-based, food-safe wipes.



This milestone marked the first time astronauts consumed a crop grown in space, and it was an important step toward sustainable food production during extended space missions.

