



ORGANIC

HONEY

Organic honey refers to honey produced by the bees from the nectar of flowers without synthetic chemicals, pesticides, or genetically modified organisms (GMO).

- The goal of organic honey production is to promote the well-being of the bees and maintain the ecological balance in the surrounding environment.
- To be certified as organic honey, beekeepers must follow specific guidelines and standards, set by organic certification bodies or government regulations.
- Certification body in India: **APEDA** (Agricultural and Processed Food Products Export Development Authority)



- **Nutritional Profile** (per 100gm)

- Energy (kcal) : 326.7
- Fat (g): 1.06
- Carbohydrate (g) : 78.9

- **Few companies producing organic honey** (India)

- Organic India
- Dabur Organic Honey
- Patanjali Honey
- Nature's Nectar



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