
pmg
OTC
(OVER-THE-COUNTER)
PRODUCTS

OTC products refers to an medication or products that can be purchased directly from a store without requiring a prescription from a healthcare professional.

- According to the rules and regulations, O. T. C. products can not be sampled to consumers directly. It necessitates to be going through the level of a pharma shop.

<u>COMMON EXAMPLES</u>:

- Pain relivers, cough and cold medicines, and topical creams for minor skin conditions, Antacids, Oral care products etc.

Who regulates OTC in India?

- The Drugs Consultative Committee (DCC) is a statutory advisory body established by the Central Government under Section 7 of the D&C Act to provide advice on any issue aiming to ensure consistency in the D&C Act's administration across India.

Regulation for OTC in India

- Drugs that are not included in prescription-only medications are regarded as OTC in India because they do not have legal recognition. India does not have a well-documented process or a specific regulation on switching Rx to OTC products.

While OTC products as easily accessible & generally safe it's still advisable to consult a heathcare professional.